

EAST BAY CAMFT 2020

BOARD OF DIRECTORS MEETING

Zoom Meeting

Friday, June 12, 2020 9:30 – 11:30 am

Meeting Minutes

9:40 AM - Meeting called to order

Welcome and check-in

Meeting began somewhat late due to technical issues for several individuals. John announced that he would need to leave early.

Board Members in Attendance via Zoom: Beth Hermosillo, Susan Kelsey Weissenborn, Tu Hoang, Aliss Wang, John Kravitz (partial), Jennifer Brookman, Nalini Calamur

Regrets: Marie Whelan, Jessica Brown, Nanci Finley

Notes: Jennifer Brookman

9:45 AM - Approve Consent Agenda

Consent Agenda was M/S/A and included the May Board minutes, Financial Statements, and Membership Report.

9:50 AM - Interview and vote on candidate for Pre-licensed Director (Nalini Calamur)

Nalini (pronounced NAH-luh-nee) provided information about her personal, educational, and clinical background and reasons for requesting to join the board. Goals and expectations of the position were discussed and acknowledged. Nalini was M/S/A (Moved, Seconded and Approved) as Pre-Licensed Director (Associate).

10:05 AM - Board/Committee Reports:

1. President (Beth)

Beth announced Jennifer as the interim Social Media chair, at least through the end of 2020. Beth also acknowledged a recent e-Tree member discussion/request for an EB-CAMFT statement and actions regarding racial injustice. This was discussed further in New Business.

2. Membership and Admin Report (Susan)

Susan presented the Membership Report. She reported the chapter has 648 members total, with only approximately 100 pre-licensed members. Susan suggested ongoing focus on bringing in more pre-licensed members as the next generation of our field. Susan reported that there will likely be a drop in membership next month due to some EB-CAMFT members having a lapse in their general CAMFT memberships as well as removing Free Tree members who have not renewed their memberships. Free Tree members were given 1 year of EB-CAMFT membership, which expired on May 27, and those individuals now have 30 days (until June 27) to renew membership. Those

individuals are receiving reminder e-mails to this effect. The intention of this is to be in compliance with CAMFT bylaws, to return the e-Tree to being a member-only benefit, and to ensure that EB-CAMFT memberships are aligned with CAMFT memberships. Beth announced that new requests for EB-CAMFT membership will automatically be cross-checked with CAMFT membership to avoid this issue in the future. Susan also presented updates about Sandy's recent activities (removing 1000+ outdated members from E-Tree and updating website) as Administrative Assistant.

3. Financial report/bank account info (Tu)

Tu presented the Financial Report. Tu reported that there has not been much change from last month and that membership dues are still coming in. The only primary changes include \$10 to the Franchise Tax Board and \$400 to the EB-CAMFT tax preparer. Aside from this, there have been no recent significant expenses or income. The accounts are still in the black with ~51k across accounts. There is a small amount of income expected from the upcoming training. Tu reported that, overall, EB-CAMFT is in good financial health.

4. Social Media (Jennifer)

Jennifer reported that she will work during the next week on getting linked to social media accounts, and will post resources and/or updates approximately 1x/wk. This would include an EB-CAMFT racial injustice statement as well as information for upcoming events. Beth suggested that, given the low social media presence in recent months, that the first post should not be to promote the upcoming Loneliness CE event, but instead to provide resources and a solidarity statement regarding racial injustice. This was discussed further in New Business.

5. Member-at-Large (Jessica) - Not present.

6. Member-at-Large (John) - No update due to needing to leave meeting early.

7. Member-at-Large (Nanci) - Not present.

8. Program Director (Aliss)

Aliss reported that there have been no recent meetings for the Program Planning Committee due to emergent local and national crises. It is now several weeks before the upcoming Loneliness event with Ronald Mah on Saturday June 27th 9a-12p (3 CEUs offered). Attendees need to RSVP by Friday 6/26. The event is free for EB-CAMFT and guests are \$20. The speaker is free but the Board will be providing an honorarium. The Board discussed a fair and equitable amount to provide all training providers. It was M/S/A to offer a standard honorarium of \$100/hr to all speakers going forward, to support and promote the work of colleagues. The event is listed on EB-CAMFT homepage and EM-CAMFT Board Members are encouraged to attend. Jennifer announced that she will help with the upcoming event as previously agreed upon, but will thereafter not be on the Programming Committee in order to focus on Social Media

presence. Nalini reported that she will not be available to attend the webinar due to scheduled clients, but expressed willingness to help promote and prepare for the event.

10:40 AM - Old Business:

1. Program Planning Committee (Aliss, Susan, Jessica, John) and other members:
 - a. Next steps and delegation of tasks and responsibilities for upcoming Loneliness Webinar
Aliss reported that the upcoming virtual Loneliness training will need Board members to support in the following roles: technical troubleshooting, check-in, and live chat facilitation. A meeting was scheduled for the Program Planning Committee on Sunday, 6/14 from 10a-11a to run through the logistics and delegate responsibilities for the event.
 - b. Program Planning for upcoming Webinar virtual events and trainings
Beth raised the following issues for ongoing discussion: 1. Following-up with CAMFT regarding a Law & Ethics training. 2. Addressing current member needs by providing training related to Racial Injustice, White Fragility, etc. Beth also read a request posted by Ilene Wolff on the e-Tree that included a request for an EB-CAMFT board statement and free CE training on Racial Injustice.
2. Recruitment for Board (Openings: Hospitality Director, pre-licensed Student, Membership)
Beth reported that recruitment and outreach to fill open positions on the Board is ongoing. The Board agreed that a Hospitality Director is not needed this year due to not having in-person events.
3. New Logo
Beth reported that Marie was going to start this in previous months but it did not occur. The Board agreed that a new logo is not a pressing concern and it will wait until the Board has bandwidth to address this issue.

11:00 AM - New Business:

1. Chapter statement or actions to address racial injustice/police brutality and mental health
With regards to making a statement of solidarity about racial injustice, Beth reported that she had previously been leaning on the main CAMFT statement to represent the EB-CAMFT Board's stance related to the Black Lives Matter movement. Board members discussed the need to create a specific EB-CAMFT statement as well as action steps to combat racial injustice, with all present Board members agreeing this was needed. The Board agreed to dedicate the rest of the year to pursuing related training for EB-CAMFT members and exploring action to take around these issues. In order to develop a statement of solidarity, Beth will create an e-mail thread for Board discussion and

feedback. Jennifer will send some of the solidarity statements from other communities via e-mail to the Board for further discussion. Jennifer will also create a Google doc of anti-racist resources to include with the statement of solidarity. The Board discussed that the ultimate goal of this Google doc would be to become a growing resource that EB-CAMFT members can view and add to. Nalini reported that she has and will add resources for Mental Health professionals. This resource list will include general anti-racist resources, resources for POC mental health professionals, and resources for white therapists looking to learn about privilege and white fragility.

2. Mentor Program Chair recruitment

Beth indicated that this is ongoing along with recruitment for other positions.

11:30 AM - Adjourn & Poll

Beth conducted a Zoom poll regarding today's meeting agenda and accomplished goals, partly as practice for evaluations needed for CEU credit in the upcoming webinar. The poll consisted of 2 questions related to whether the meeting was useful/meaningful and whether the meeting goals were accomplished. For both questions, results of the poll indicated that 80% of attendees (6 Board members were present) responded "Yes" while 20% responded "Somewhat."